Bristol Stool Chart

Separate hard lumps, like nuts Type 1 (hard to pass) Sausage-shaped but lumpy Type 2 Like a sausage but with Type 3 cracks on the surface Like a sausage or snake, Type 4 smooth and soft Soft blobs with clear-cut Type 5 edges Fluffy pieces with ragged Type 6 edges, a mushy stool Watery, no solid pieces. Type 7 Entirely Liquid